SuperSport™ Club

OWNER'S MANUAL

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CONGRATULATIONS

Congratulations for selecting Super Gym's CardioZone as your primary source of fitness. CardioZone treadmills offer many exercise programs that benefit users of all levels and ages. The treadmill is designed to make your workouts more effective and enjoyable.

Please read this manual carefully before using your CardioZone SuperSport™ Club. This will allow you to get a full understanding of all the features that CardioZone treadmills provide. If you have any questions or concerns, please contact Super Gym's FitnessBlowout.com.

For service, please visit http://www.fitnessblowout.com/service

Register your warranty at http://www.fitnessblowout.com/warranty

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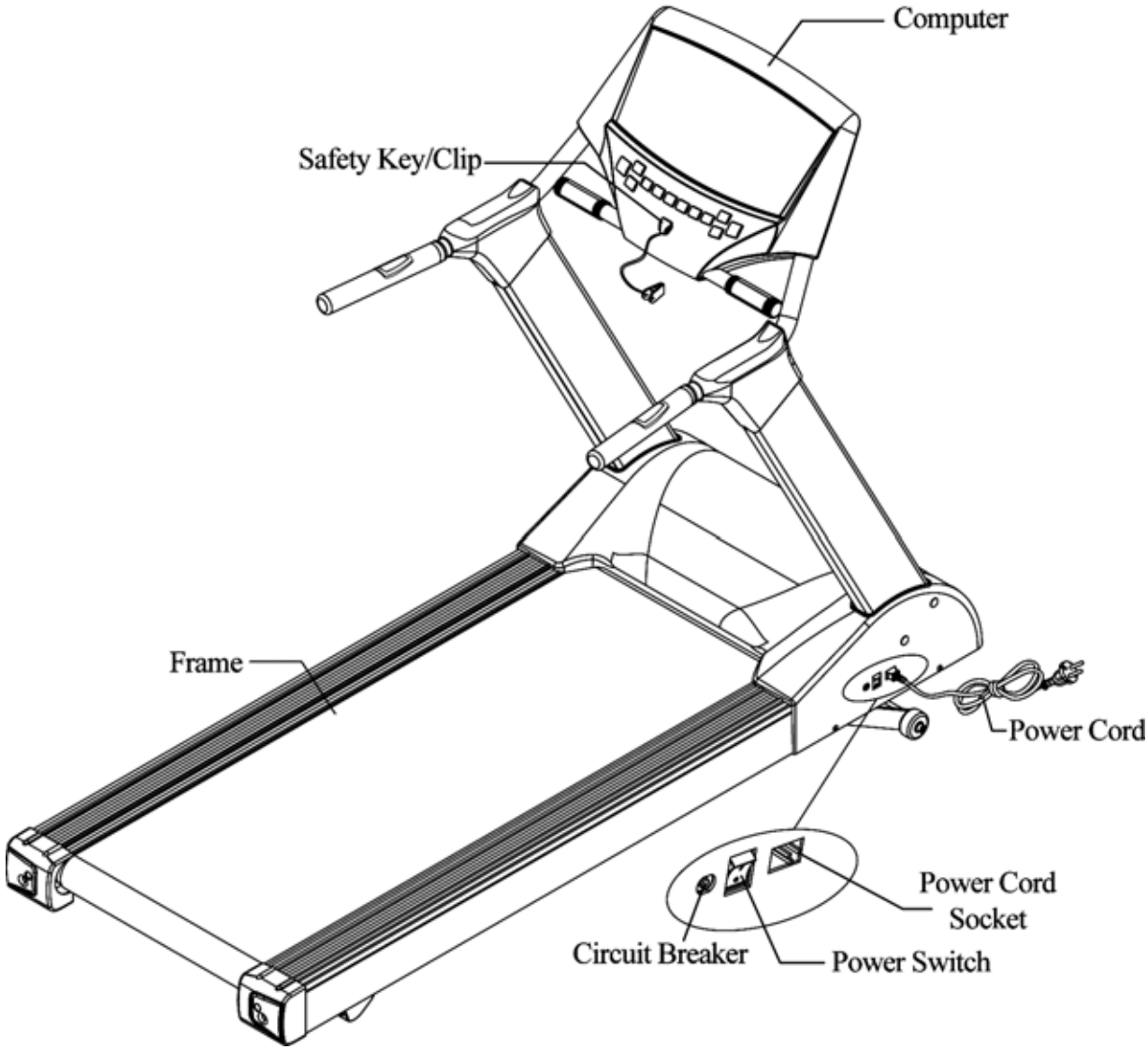
1. OVERVIEW DRAWING



2. IMPORTANT SAFETY INSTRUDCTIONS

When using an electrical appliance, basic precautions should always be followed, including the followings:

Read all instructions before using the treadmill.

DANGER – To reduce the risk of electric shock:

1. Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

WARNING – To reduce the risk of burns, fire, electric shock, or injury to persons:

1. An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
2. Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
3. Use this appliance only for its intended use as described in this manual. The manufacturer does not recommend attachments onto the appliance.
4. Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.
5. Do not carry this appliance by supply cord or use cord as a handle.
6. Keep the cord away from heated surfaces.
7. Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
8. Never drop or insert any object into any opening.
9. Do not use outdoors.
10. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
11. To disconnect, turn all controls to the off position, than remove plug from outlet.
12. Connect this appliance to a properly grounded outlet only.

Base on content of product. If treadmill has elevation function, it needs to consider the following issues:

13. If the treadmill is foldable, when user finishes to use the treadmill, the elevation needs to be back to original position.
14. When user is using the treadmill, it cannot be folded at the same time.
15. The appliance is intended for household use on.

SAVE THESE INSTRUCTION

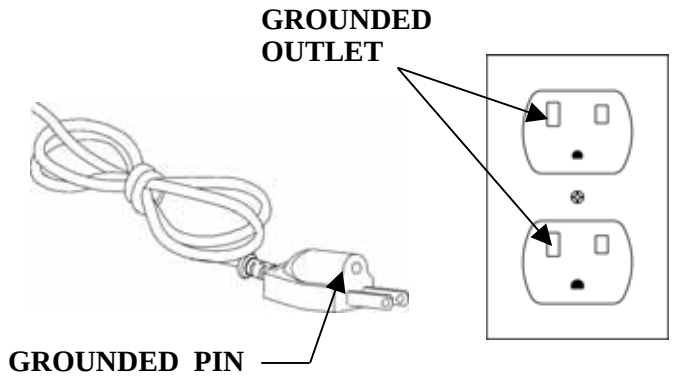
3. GROUNDING INSTRUCTIONS

This product must be grounded. If malfunction or breakdown occurs, grounding provides a path of least resistance for electric current to reduce the risk of electric shock.This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER – Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is product is properly grounded. Do not modify the plug provided with the product - if it will not fit the outlet; have a proper outlet installed by a qualified electrician.

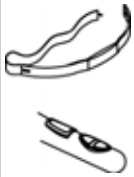
This product is for use on a nominal 110V~120V circuit and has a grounding plug that looks like the plug illustrated in the figure. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

Figure
Grounding methods



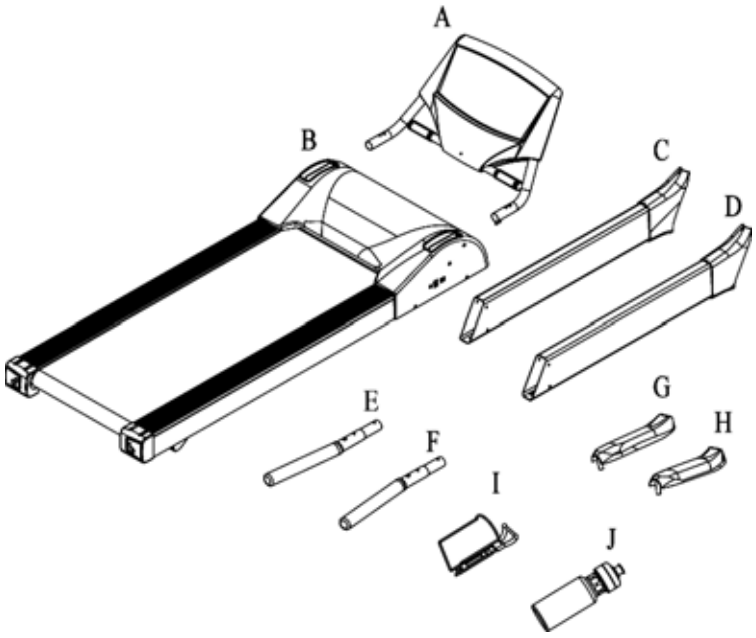
4. Motorized Treadmill Pre-Assembly

Handrail control button and heart rate strap are optional items in the package

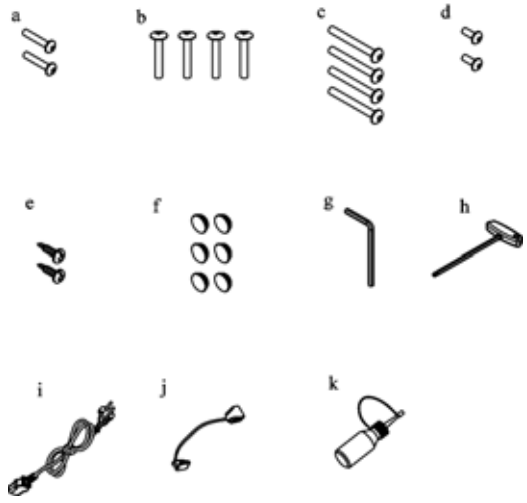


1.Heart rate can be measured in this treadmill. Attach strap to chest during exercise, the heart rate value will display on the PULSE window.
2. Except using the control button on the console, the control button on the handrail can also be used to adjust speed and elevation. The control button on the left handrail is for elevation while the right handrail button is for speed adjustment.
3. Under START/READY condition, if you did not hold grip pulse sensor, then PULSE window will display HP, when you hole the both sides of grip pulse sensor, you will see the PULSE window display the heart rate values.

ITEM	Description	Qty
A	Computer Set	1
B	Frame	1
C	Left Upright	1
D	Right Upright	1
E	Left Handrail	1
F	Right Handrail	1
G	Left Handrail Cover	1
H	Right Handrail Cover	1
I	Cup/Bottle Holder Cover	1
J	Bottle	1



ITEM	Description	Qty
a	Bolt M8xP1.25x40	2
b	Bolt M8xP1.25x60	4
c	Bolt M8xP1.25x75	4
d	Bolt M5xP0.8x15	2
e	Bolt ψ5x25	2
f	Cap of bolt	6
g	Allen Wrench 5mm	1
h	T Spanner	1
i	Power Cord	1
j	Safety Key/Clip	1
k	SILICON	1

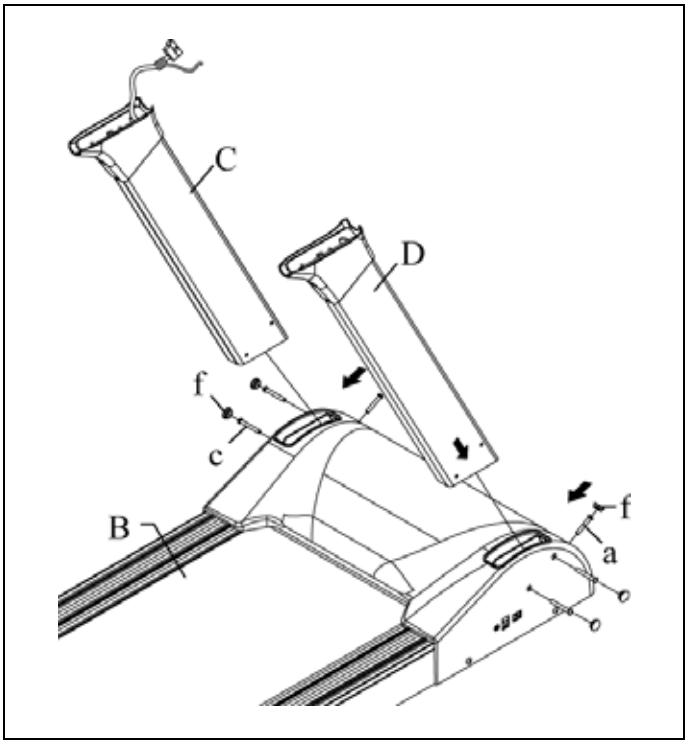


5. Assembly Step

1. First pull out the bottom control wire using the guide wire inside the Upright Bar (D). Pull to the position as shown in the drawing, then insert the Upright Bar (C,D),into the two locations on the frame (B), Secure the upright bar with treadmill frame by bolts (b、d) wrench provided.
   After tightening the screws, cover the screws with screw cover (G) as shown in the drawing.

Ps.1.In order to keep the assembly safety, please do it with 2 people instead of one person.

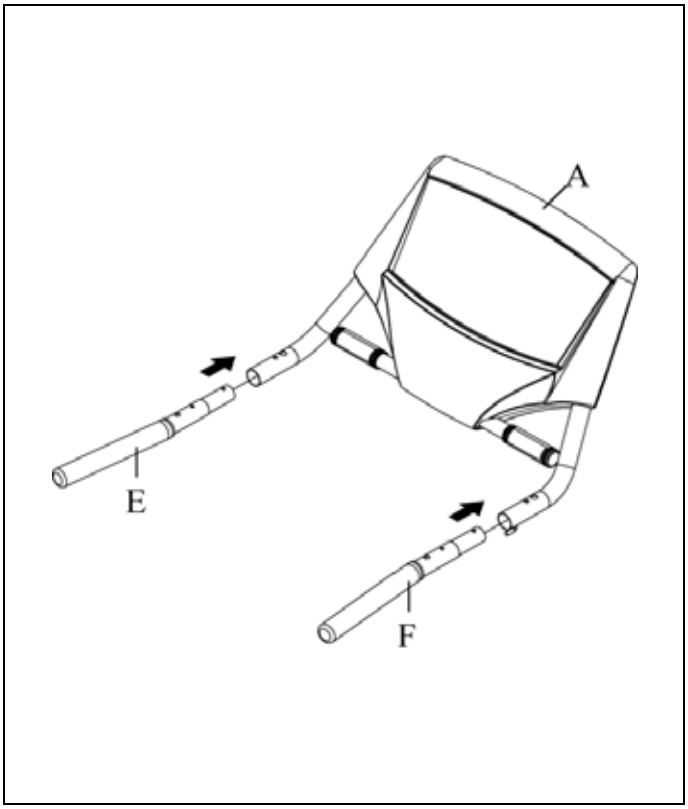
Ps.2. One keeps the tube stable without any slit



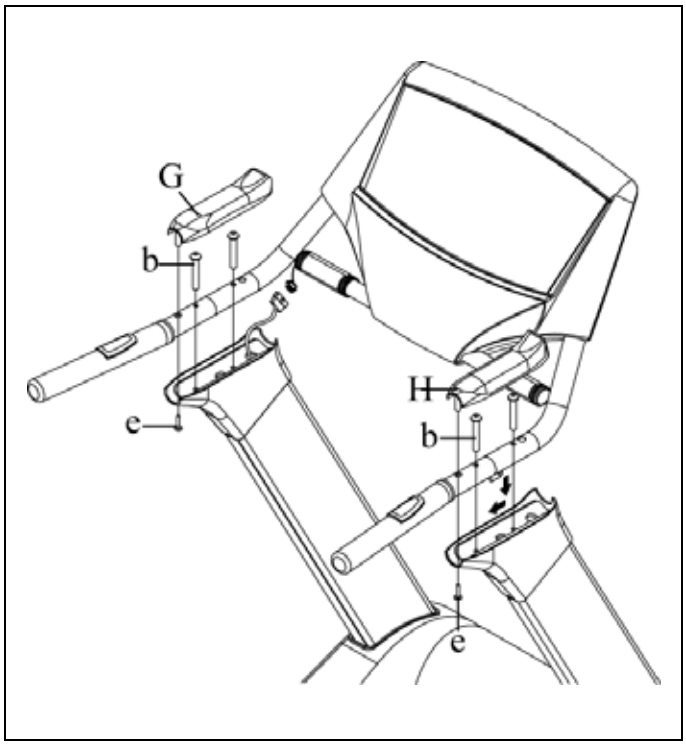
2. Computer Set：
   Connect the control wire inside the Handrails (E、F) with the control wire inside the Computer Set (A), then follow the directions shown on drawing. Assemble the Handrails (L&R) to computer.

Ps.1. When assemble, assure that the screw holes on the Handrails (L&R) have matched the holes on the Computer set's pipe.

Ps.2. Because, this product has the function about Handrails switch. So that, when assemble, it must be watched out that the switch of Handrail (L) is used to adjust the incline, and the switch of Handrail (R) is used to adjust the speed.



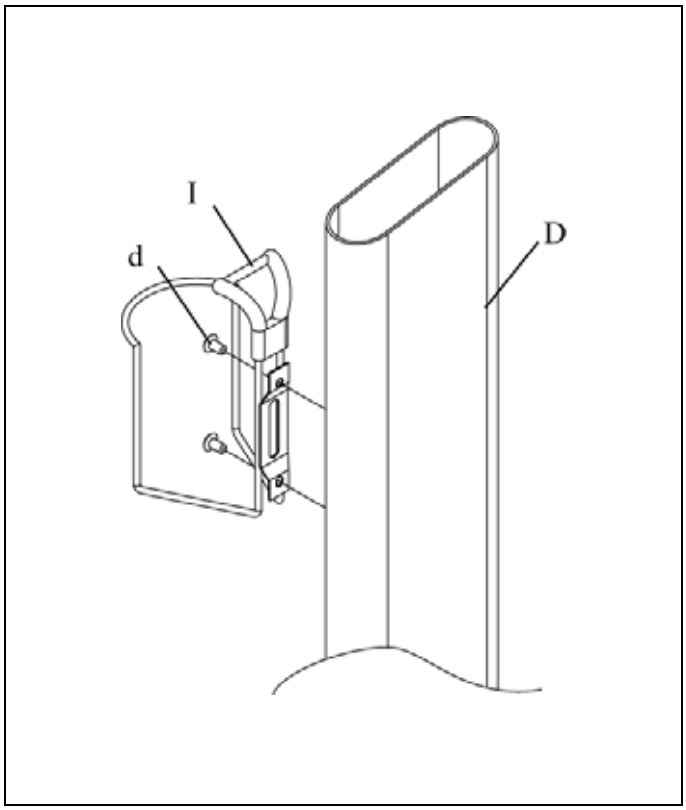
3. As the above steps have been completed, alight the Computer Set (assembled in the above step) on the Upright Bars, and connect the control wire inside the Upright Bars with the control wire inside the Computer Set. After that, insert the excessive wire or cable into the Upright Bars
   Tighten up with bolt(c).
   Final, connect the two Handrail Covers (H、I) on to the Handrails, and tighten up with screws(e)



Assembly requires two or more persons during the process

4. Pot Holder assembly：
   Put Tea Pot Holder (J) on the Upright Bar (D), secure the Bolt (a) inserted and fixed with fastening.

Ps. Personal option, the Tea Pot Holder may Put on the other side of Upright Bar

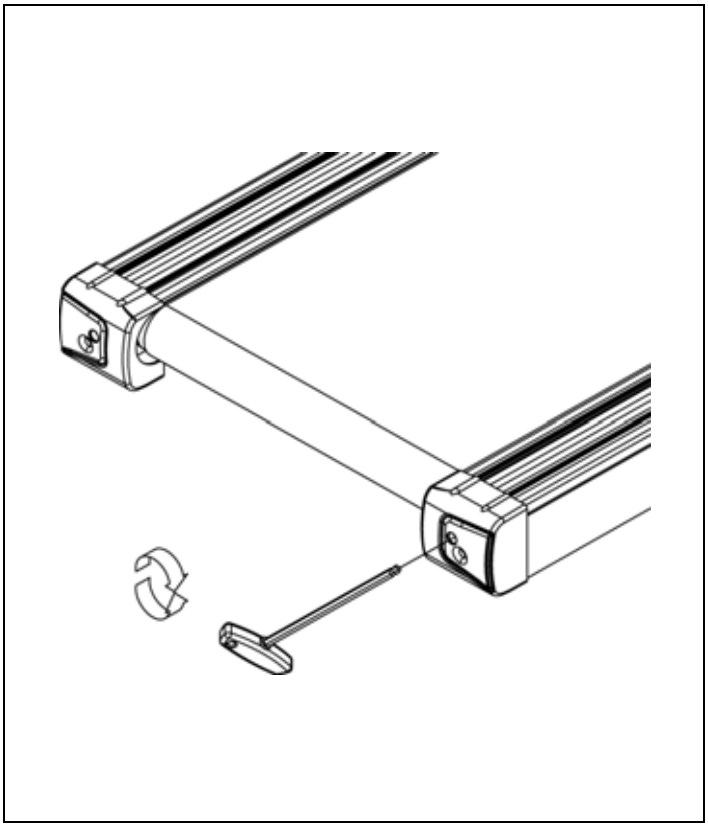


6. Maintains

1 Walking Belt Centering. If the Walking Belt tracks off center to the right or left of the deck, first turn the power off. Then use a 6mm wrench (g) to tighten the rear roller bolt on the side of the treadmill toward which the belt is moving.. For example, if the belt moves to the left and the deck becomes exposed on the right, tighten the bolt on the left side of the frame. Tighten about 1/4 of turn(clockwise). If the belt does not move back to the center of the treadmill, make another adjustment to the same bolt. Once the Walking Belt has been adjusted closer to the center, the treadmill can be started again.

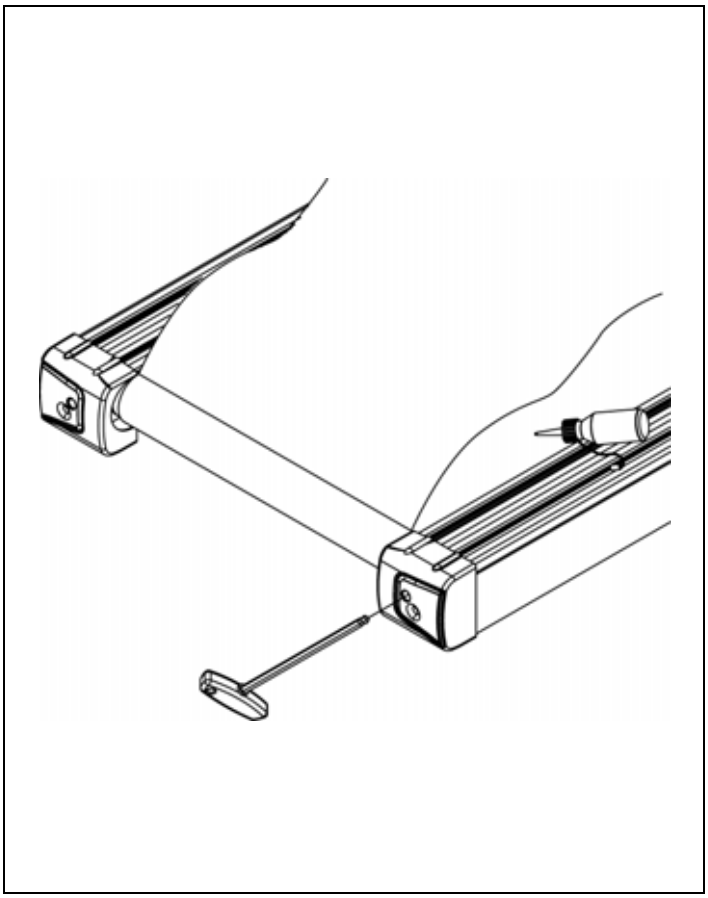
Ps.1: The above mentioned is pretty import, make sure to follow the procedure.

Ps.2: Make sure the walking belt going on right without any tracks off the centers it depends on the position and weight.



2. It is recommended that the deck be lubricated every 6-12 months according to the frequency of usage. First, use wrench to loosen the bolts in the end caps. Pull up the Walking Belt, dispense the lubricant on the deck, and spread evenly. After lubricating the deck, center the belt, and check the belt tension. Adjust the belt as mentioned in step 1.

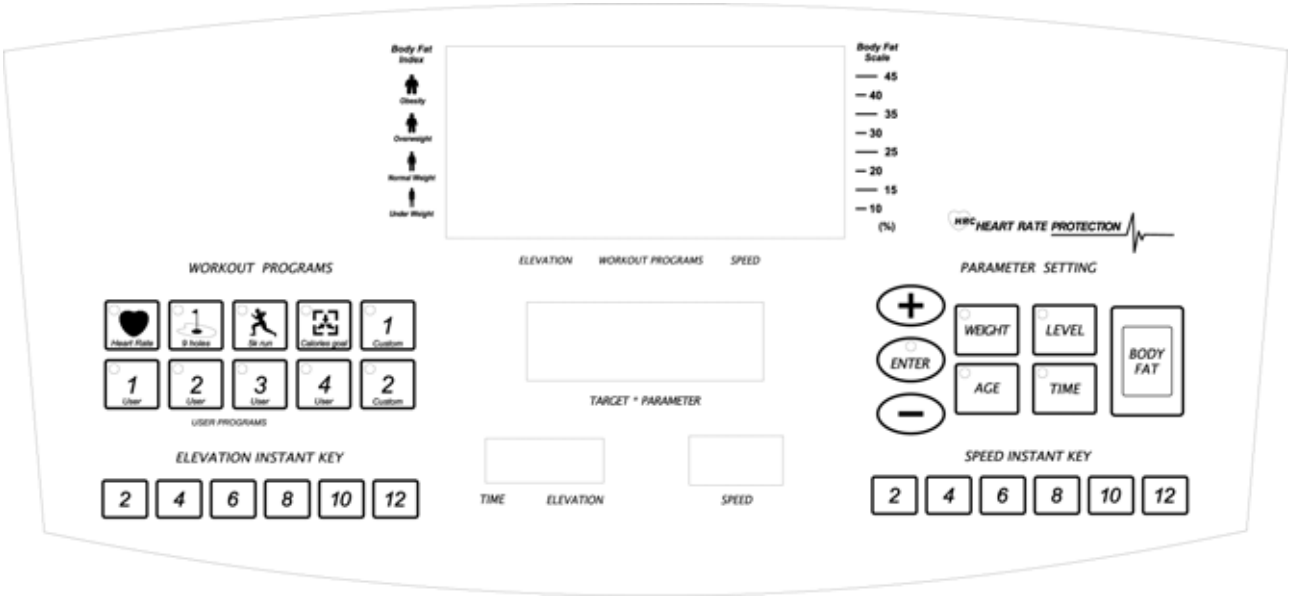
Ps1: If the belt happens to slip, follow the above steps and lubricate the running deck.



SUGGESTED PREVENTIVE MAINTENANCE SCHEDULE IN ACCORDANCE WITH THE AVERAGE RUNNING SPEED

Measurement	Speed	Interval
Metric	6KM/hr below	1 year
	6~12KM/hr	6 months
	12KM/hr above	3 moths
English	4mile/hr below	1 year
	4~8mile/hr	6 months
	8mile/hr above	3 moths
Note: This preventive maintenance schedule is only meant for home use. It is suggested to maintain the unit every month for commercial use.		

7. COMPUTER INSTRUCTION



A. General operation:

1. Turn on the On-off switch.
2. Put the safety key into the recess of the console.
   The beeper will make an alerting sound, meanwhile the dot matrix LED light will be blinking, program light will blink circularly; this means the treadmill is ready to start. At the ready-start stage, hold the heart rate grips to measure your heart rate.
3. Press START to begin; the treadmill starts with a velocity of 0.5MPH. While the belt is running, press ⊕、⊖, to accelerate or decelerate the speed of the belt. (Or press the Fast Speed Buttons 2 4 6 8 10 12 to set the speed you want.). Press ▲、▼ to adjust the inclination angle greater or smaller. (or press the Fast Elevation Buttons 2 4 6 8 10 12 to set the incline you want.), press STOP, the treadmill will stop. (press STOP once, information window will display PAUSE, to pause motions of the treadmill and values on the computer console and will remain paused for 60 seconds, after 60 seconds all values will return to zero, if press STOP once, after that press STOP again and hold for 3 seconds, the treadmill will reset to the ready-start stage.)

   **Adjustable Speed Range：0.5~12MPH , each level raise 0.1 MPH
   Adjustable Incline Range：0~15 %, each level raise 1 %
4. At the ready-start condition, press WEIGHT can set user's weight.
   Pre-set Weight is 150LBS.
   Adjustable Weight Range：Starts at 50 LBS. each level increases by 1 LB.
5. The treadmill can also use other methods to measure heart rate, when exercising, tied the Chest Strap to your chest, and then you can see your heart rate in PULSE window.
6. Press START, after that press TIME to set the time. (After setting, time will start to count down, when time is up, it will come back to ready-start stage)
   Pre-set Time is 20 min

Adjustable Time Range：20~240 min, each level raise 5 min

7. Press START, and that press SCAN, Target window will display the DISTANCE、CAL、PACE、METS and PULSE(Only having the heart rate signals, that will have the PULSE information.) status, shows a status per 8 seconds circularly. Or press DISTANCE、CAL、PACE min、METS、PULSE directly to show the single information.

**DISTANCE Range：0.1~999.9 mil

CAL Range：1~9999 cal

* Changes about CAL is direct ratio with user's weight.

PACE Range：75~3 min

METS Range：1.4~32.6

PULSE Range：40~240 Beats/min

* Heart rate signal has 3 colors, each color is represent different heart rate.：

Below 90：Signal shows GREEN color.

Between 91 and 130：Signal shows BLUE color.

Over 130：Signal shows RED color.

** The chart below provides different heart rate due to age and amount of exercise：

HEART BEATS/MIN	20	25	30	35	40	45	50	55	60	65	(Age)
170											OVER
150	166										MIDDLE
120	146	162									LOW
	117	143	157								
		114	137	153							
			111	135	149						
				108	131	145					
					105	128	140				
						102	124	136			
							99	120	132		
								96	116		
									93		

8. Except using the control button on the console, the control button on the handrail can also be used to adjust speed and elevation. The control button on the left handrail is for elevation while the right handrail button is for speed adjustment.

B. Program Operation Mode (Only in ready-start stage, this mode could be run.)

1. ：This program is used to do the heart rate training. When using, heart rate reached your setting, then the incline and speed will keep steady, to keep the heart rate in a steady range, to achieve the training objective. When choosing this mode, program will ask you to enter the following values.：

   Weight：Pre-set Value is 150LBS, Adjustable Weight Range：Starts at 50 LBS. each level increases by 1 LB. After setting up correct value, press ENTER to set next value.

   Age：Pre-set age is 30, adjustable range：13~113, each level raise 1. After setting up correct value, press ENTER to set next value.

   BPM：Between this value and user's age is inverse ratio. Refer to attached table, and choose the value that fit you. After setting up correct value, press ENTER to set next value.

   Time：Pre-set time is 20 min., adjustable range：20~240 min., each level raise 5 min. After setting up correct value, press ENTER , the belt will start to move.

   ** Because thinking of safety problem, mode should be used with wireless heart rate sensor.

2. ：The pre-set distance in this program is 3500ml（2.17mil）. It will be finished, after you run 3500ml（2.17mil）, and the treadmill will stop. Under this mode, it imitated golf course, and the difficulty is basing on the changes of upgrade or downgrade. When choosing this mode, program will ask you to enter the following values.：

   Weight：Pre-set value is 150LBS, Adjustable Weight Range：Starts at 50 LBS. each level increases by 1 LB. After setting up correct value, press ENTER to set next value.

   LVL：Pre-set Value is 1 LVL, adjustable range：1~10 LVL，each level raise 1 LVL. After setting up the correct value you want, press ENTER , and the belt will start to move.

3. ：The pre-set distance in this program is5000ml（3.1mil）. It will be finished, after you run 5000ml（3.1mil）, and the treadmill will stop. Under this mode, jog is the main part. When choosing this mode, program will ask you to enter the following values.：

   Weight：Pre-set value is 150LBS, Adjustable Weight Range：Starts at 50 LBS. each level increases by 1 LB. After setting up the correct value, press ENTER to set next value.

   LVL：Pre-set value is 1 LVL, adjustable range：1~10 LVL, each level raise 1 LVL. After setting up the correct value you want, press ENTER , and the belt will start to move.

4. ：The goal of this program is to consume user's calories. User can set up a value, as a goal to consume unnecessary calories, to keep slim easily. When choosing this mode, program will ask you to enter the following values.：

   Weight：Pre-set value is150LBS, Adjustable Weight Range：Starts at 50 LBS. each level increases by 1 LB. After setting up the correct value, press ENTER to set next value.

   CAL：Pre-set value is 200 cal, adjustable range：40~560 cal, each level raise 1 cal. After setting up the correct value, press ENTER to set next value.

   LVL：Pre-set value is 1 LVL, adjustable range：1~10 LVL, each level raise 1 LVL，After setting up the correct value, what you want, press ENTER , and the belt will start to move.

5. 、 、 、 ：

   When choosing this mode, program will ask you to enter the following values.：

   Weight：Pre-set value is 150LBS, Adjustable Weight Range：Starts at 50 LBS. each

level increases by 1 LB.

After setting up the correct value, press ENTER to set next value. From now on, you can set up the mode by your favor. Under this mode, there are 50 grades (SE01~SE50).
Of each grade, adjustable time range: 1~10 min., adjustable speed range: 0.5~12MPH, and adjustable incline range: 0~15 LVL.

After setting up one grade, press ENTER to enter the next grade setting, or wait 10 sec., system will enter the next grade setting automatically.

If you don't need to use all 50 grades, after finished settings, press START and the treadmill will start to work. When the mode, according to your settings, finished, the treadmill will go back to ready-start stage automatically.

6. 1、2：When choosing this mode, program will ask you to enter the following values.：
Weight：Pre-set value is 150LBS, Adjustable Weight Range：Starts at 50 LBS. each level increases by 1 LB.

After setting up the correct value, press ENTER to set up next value. From now on, you can set up the mode by your favor. Under this mode, there are 50 grades (SE01~SE50).
Of each grade, adjustable time range: 1~10 min., adjustable speed range: 0.5~12MPH, and adjustable incline range: 0~15 LVL.

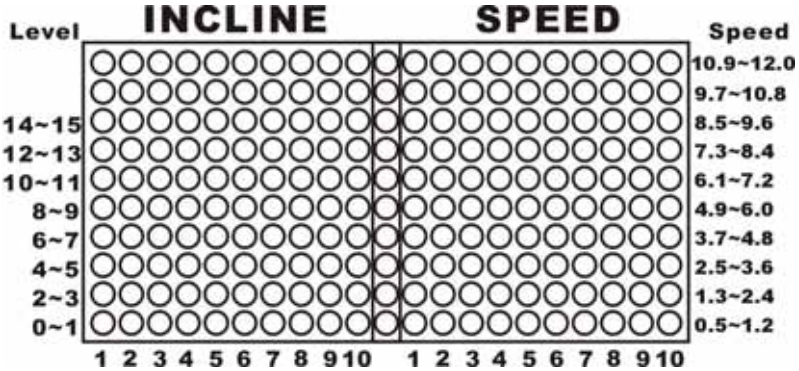
After setting up one grade, press ENTER to enter the next grade setting, or wait 10 sec., system will enter the next grade automatically. If you don't need to use all 50 grades, after finished settings, press START and the treadmill will start to work.
When the mode, according to your settings, finished, the treadmill will go back to ready-start stage automatically.

** This mode has the pre-set value too. But if you don't want to make any change to the pre-set value; after setting up your weight, press START to run the program; and the treadmill will start to work.

** These two functions not only can set up by user's favor, but have its pre-set values. About its graph please refer to the attached graph.

** The way that how information shown on the dot matrix LED as below. (The information of "Time", "Speed" and "Incline".) ：

On the dot matrix LED, there are 10*21 LED in total. Among them, the LED line in center will not bright. There are used to divide INCLINE and SPEED into two sections. Left 10 lines show the changes of Incline and Time, this section called INCLINE section. Right 10 lines show the changes of Incline and Time, this section called SPEED section. Each value as below represents the each LED's value. The value in the INCLINE section represent the changes of incline, The value in the SPEED section represent the changes of speed. The underside value represent the changes of time, each one takes as 1 min.

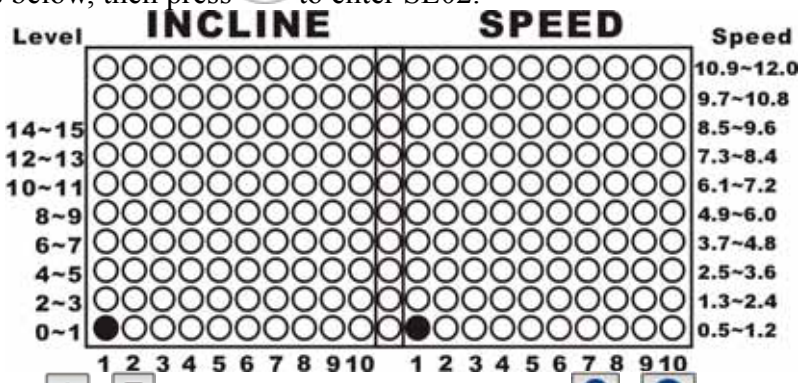


As a reference, here is an operation example as below.：

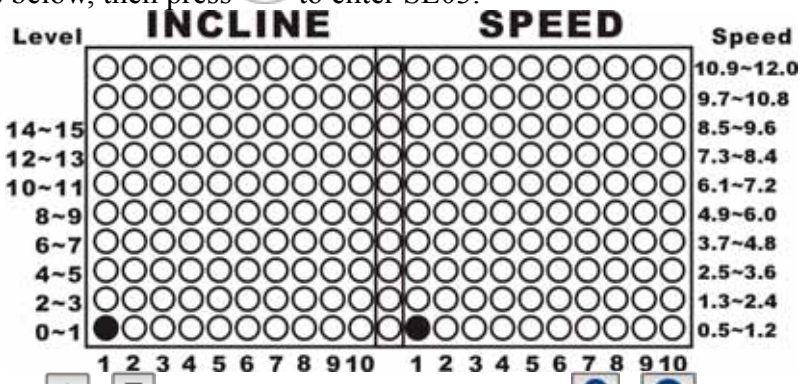
(1) In ready-start stage, press 1 to enter the program.

(2) First, enter the weight. Press ⊕、⊖ to change weight value to 134LBS, then press ENTER to set other values.

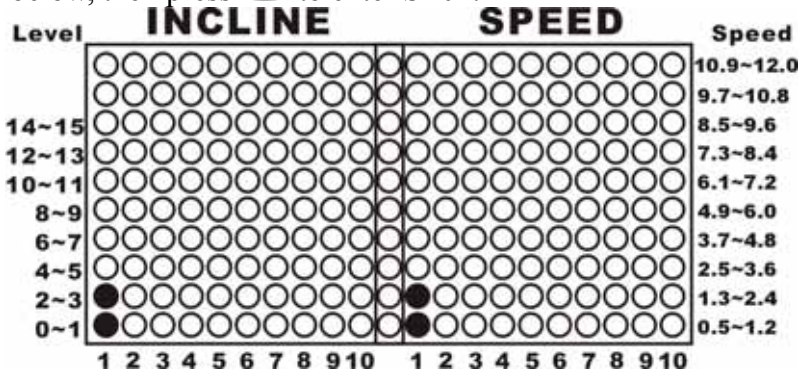
(3) SE01：Press ▲、▼ to set incline to 0%, then press ⊕、⊖ to set speed to 0.5MPH r, then press ⊕、⊖ to set time to 1 min. Now, the result on the dot matrix LED is showed as below, then press ENTER to enter SE02.



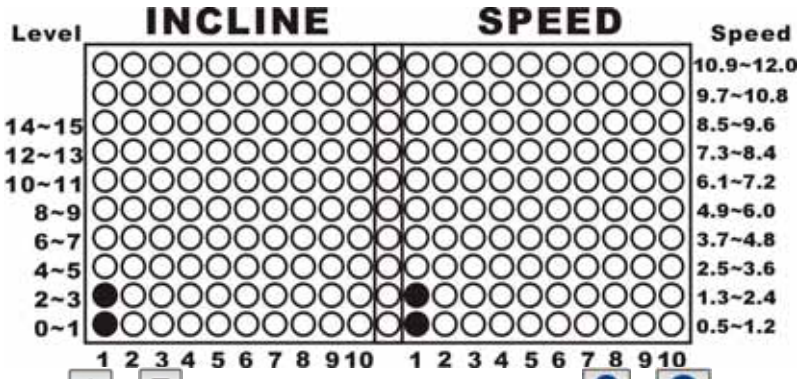
(4) SE02：Press ▲、▼ to set incline to 1 %, then press ⊕、⊖ to set speed to 1.0 MPH, then press ⊕、⊖ to set time to 1 min.. Now, the result on the dot matrix LED is showed as below, then press ENTER to enter SE03.



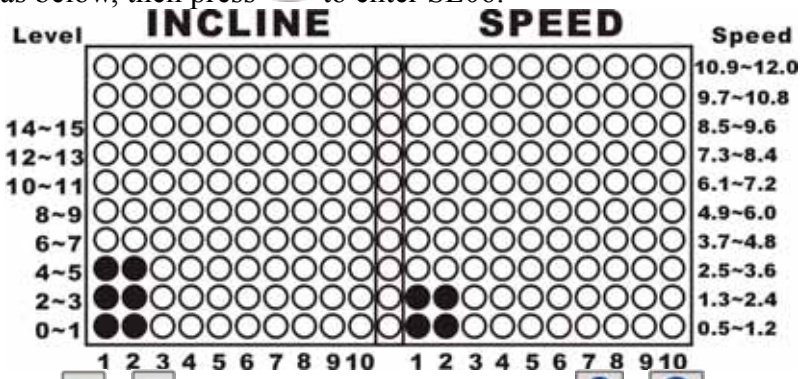
(5) SE03：Press ▲、▼ to set incline to 2 %, then press ⊕、⊖ to set speed to1.3MPH, then press ⊕、⊖ to set time to 1 min.. Now, the result on the dot matrix LED is showed as below, then press ENTER to enter SE04.



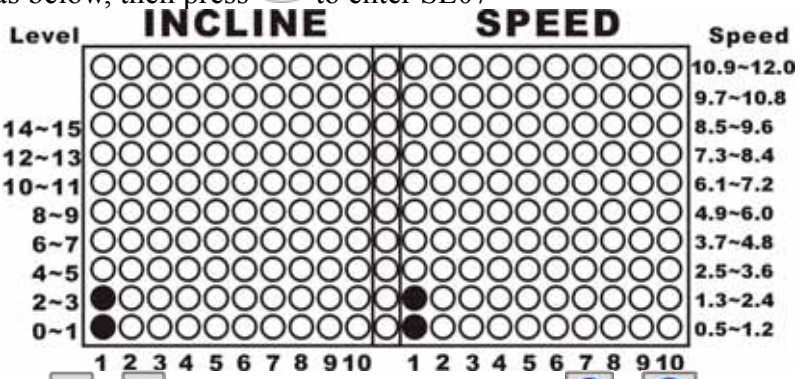
(6) SE04：Press ▲、▼ to set incline to 3 %, then press ⊕、⊖ to set speed to 2.0MPH, then press ⊕、⊖ to set time to 1 min.. Now, the result on the dot matrix LED is showed as below, then press ENTER to enter SE05



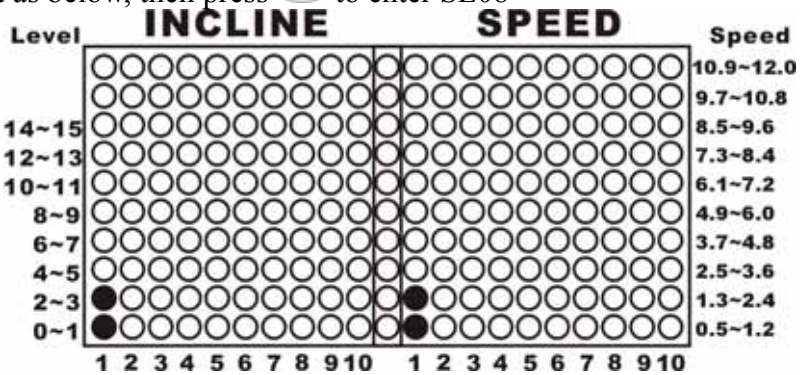
(7) SE05：press ▲、▼ to set incline to 4 %, then press ⊕、⊖ to set speed to 2.3MPH, then press ⊕、⊖ to set time to 2 min.. Now, the result on the dot matrix LED is showed as below, then press ENTER to enter SE06.



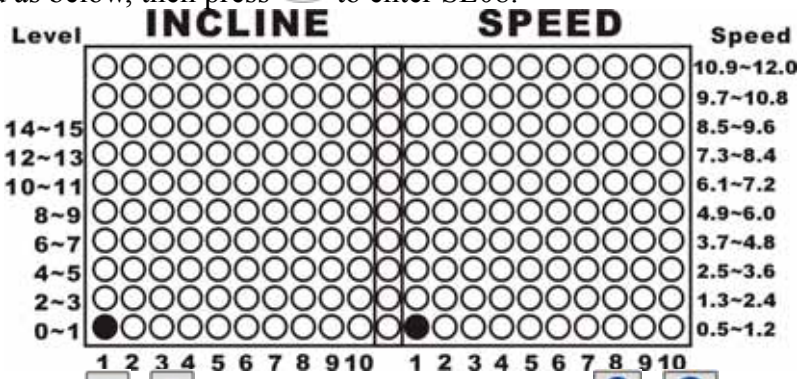
(8) SE06：press ▲、▼ to set incline to 3 %, then press ⊕、⊖ to set speed to 2.0MPH, then press ⊕、⊖ to set time to 1min.. Now, the result on the dot matrix LED is showed as below, then press ENTER to enter SE07



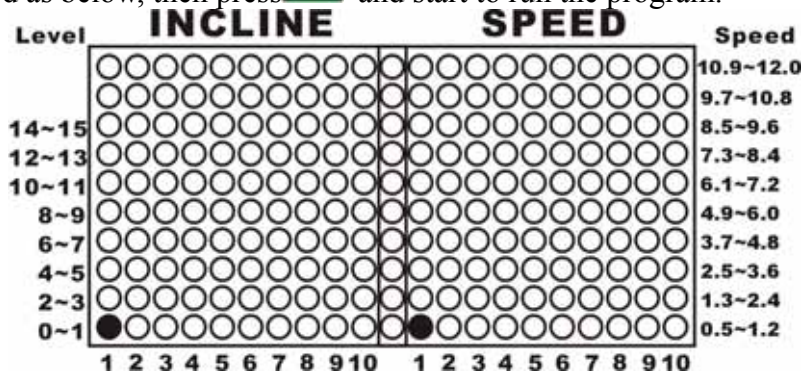
(9) SE07：press ▲、▼ to set incline to 2 %, then press ⊕、⊖ to set speed to 1.3MPH, then press ⊕、⊖ to set time to 1 min.. Now, the result on the dot matrix LED is showed as below, then press ENTER to enter SE08



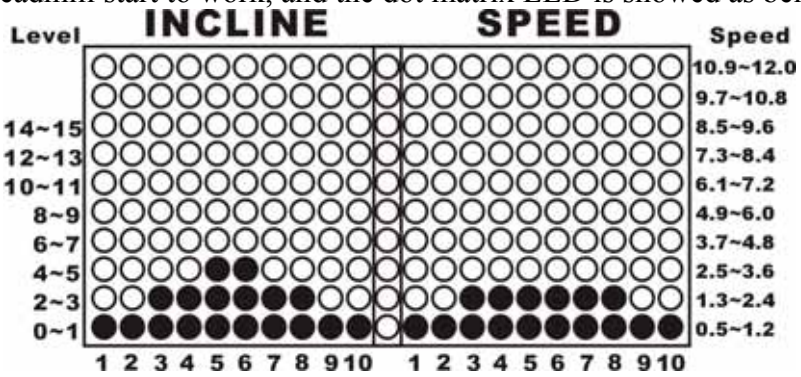
(10) SE08：press ▲、▼ to set incline to 1 %, then press ⊕、⊖ to set speed to 1.0 MPH, then press ＋、－ to set time to 1 min.. Now, the result on the dot matrix LED is showed as below, then press ENTER to enter SE08.



(11) SE09：press ▲、▼ to set incline to 0 %, then press ⊕、⊖ to set speed to 0.5MPH, then press ＋、－ to set time to 1 min.. Now, the result on the dot matrix LED is showed as below, then press START and start to run the program.



(12) Now treadmill start to work, and the dot matrix LED is showed as below



C. Body Fat Function (Only in ready-start stage, this function could be run.)

1. At ready-start stage, press BODY FAT to enter the Body Fat Function.
2. When choosing this function, program will ask you to enter the following values.
   Weight：Pre-set value is150LBS, Adjustable Weight Range：Starts at 50 LBS. each level increases by 1 LB. After setting up the correct value, press ENTER to set next value.
   Height：Pre-set value is 5'7", adjustable range：4' 3"~7'11", each level raise 1". After setting up the correct value, press ENTER to set next value.
   Age：Pre-set value is 30, adjustable range：13~113, each level raise 1 kg. After setting up the correct value, press ENTER to set next value.
   Sex：Pre-set value is 1(Male), use ⊕、⊖ can change to 1(♂，Male)、0(♀，Female)，After setting up the correct value, press ENTER and stretch out two hands to hold the heart rate sensor about 30 sec. After 30 sec, it will display your Body Fat value. At the same time, left LED lines will display the estimation of the body, and right LED lines will show the Body Fat value which computed by program.
3. Relation between LED and Body Fat value, refer to following table．：

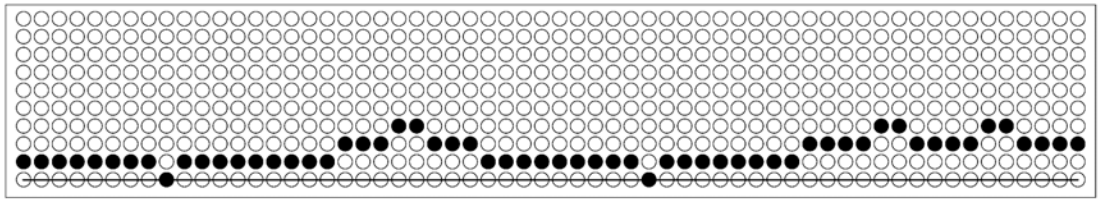
LED	Body Fat Value
●	45.1~50.0
●	40.1~45.0
●	35.1~40.0
●	30.1~35.0
●	25.1~30.0
●	20.1~25.0
●	15.1~20.0
●	10.1~15.0
●	5.1~10.0
●	0~5.0

4. Because body fat degree has differences between the male and the female; so that the LED which display the estimation of the physique, will display different too. The following table provides the different body fat degree between the male and the female.：

	LED	1(Male)	0(Female)
Obesity	●	35.0%以上	45.0%以上
	●	30.0~34.9(%)	40.0~44.9(%)
Overweight	●	25.0~29.9(%)	35.0~39.9(%)
	●	20.0~24.9(%)	30.0~34.9(%)
Normalweight	●	15.0~19.9(%)	25.0~29.9(%)
	●	10.0~14.9(%)	20.0~24.9(%)
	●	5.0~9.9(%)	15.0~19.9(%)
Underweight	●	0~4.9(%)	0~14.9(%)

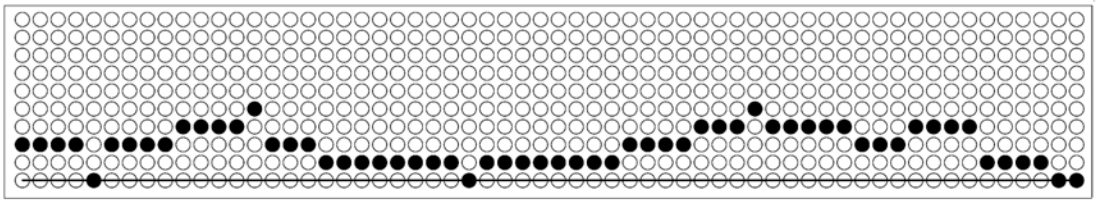
9 HOLES PROGRAM

Level 1



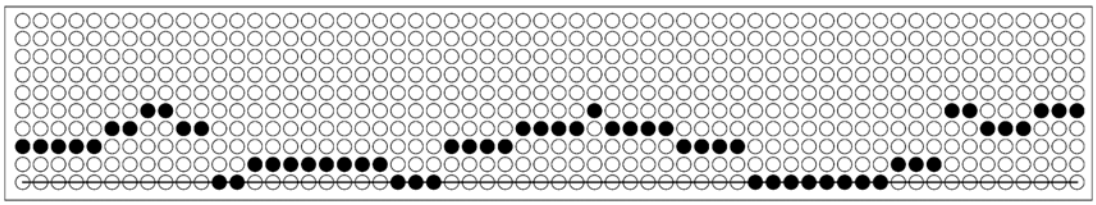
● INCLINE
——— SPEED 1.6km/hr, Duration: 172mins for 3500m

Level 2



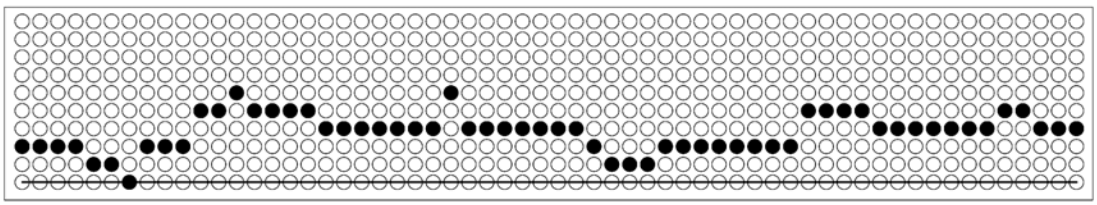
● INCLINE
——— SPEED 1.6km/hr, Duration: 172mins for 3500m

Level 3



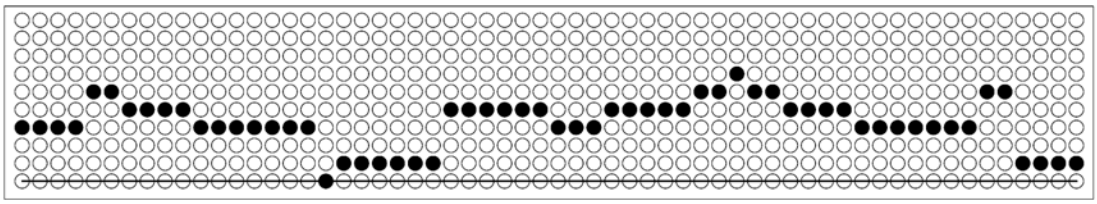
● INCLINE
——— SPEED 1.6km/hr, Duration: 172mins for 3500m

Level 4



● INCLINE
——— SPEED 1.6km/hr, Duration: 172mins for 3500m

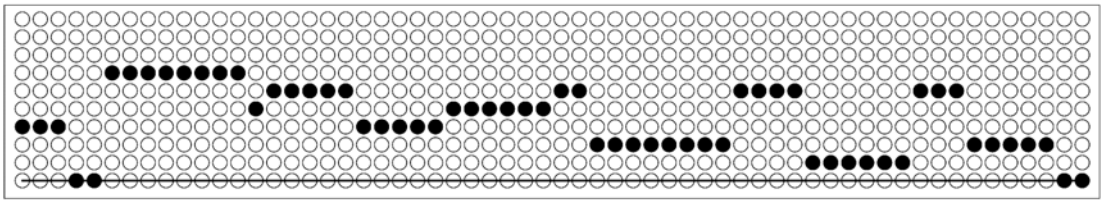
Level 5



● INCLINE
——— SPEED 1.6km/hr, Duration: 172mins for 3500m

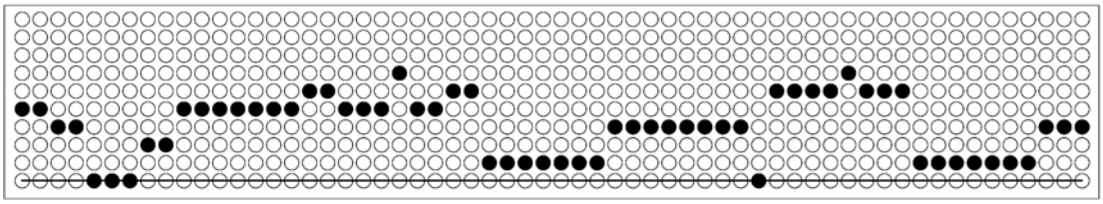
9 HOLES PROGRAM

Level 6



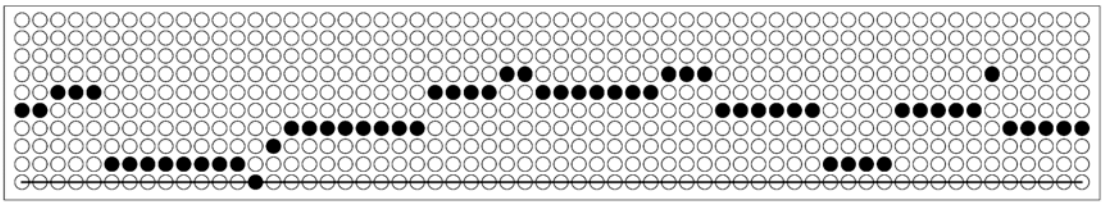
● INCLINE
—— SPEED 1.6km/hr, Duration:172mins for 3500m

Level 7



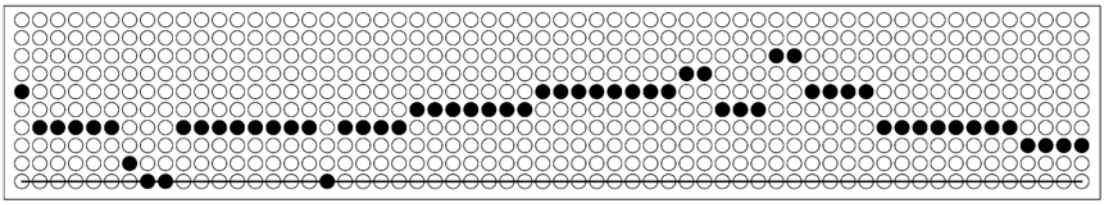
● INCLINE
—— SPEED 1.6km/hr, Duration: 172mins for 3500m

Level 8



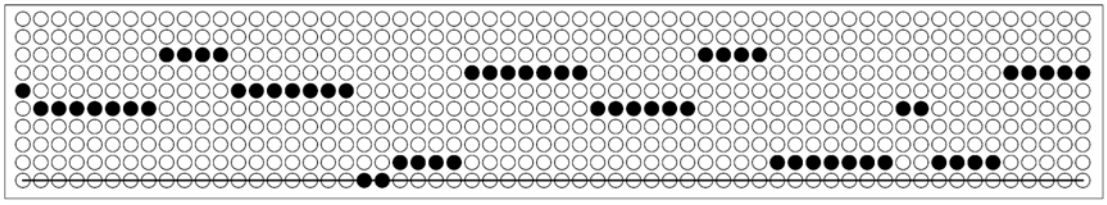
● INCLINE
—— SPEED 1.6km/hr, Duration: 172mins for 3500m

Level 9



● INCLINE
—— SPEED 1.6km/hr, Duration: 172mins for 3500m

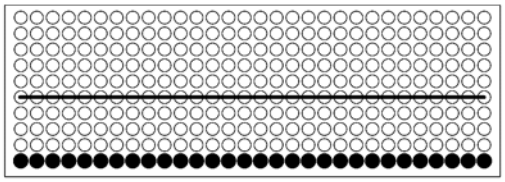
Level 10



● INCLINE
—— SPEED 1.6km/hr, Duration:172mins for 3500m

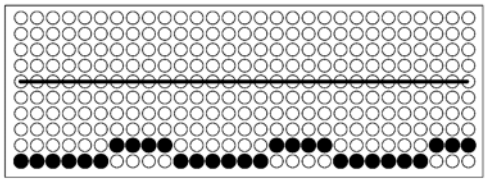
5K RUN PROGRAM

Level 1



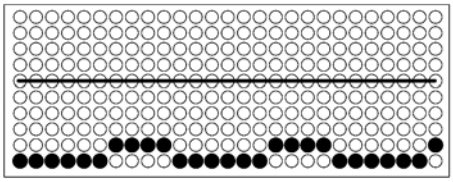
INCLINE
SPEED 9.6km/hr, Duration: 32mins for 5000m

Level 2



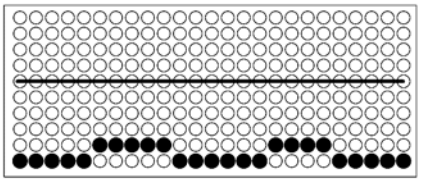
INCLINE
SPEED 10.6km/hr, Duration: 29mins for 5000m

Level 3



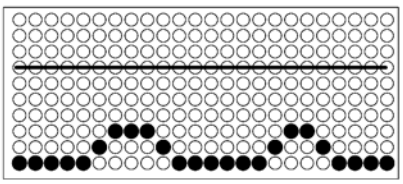
INCLINE
SPEED 11.2km/hr, Duration: 27mins for 5000m

Level 4



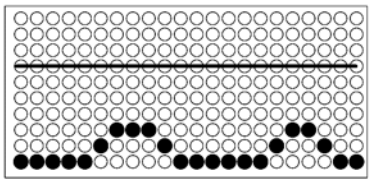
INCLINE
SPEED 12.0km/hr, Duration: 25mins for 5000m

Level 5



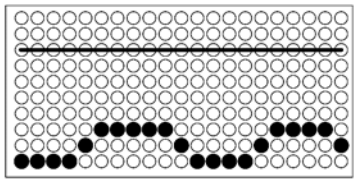
INCLINE
SPEED 12.8km/hr, Duration: 24mins for 5000m

Level 6



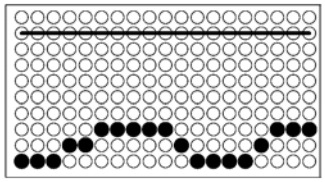
INCLINE
SPEED 13.6km/hr, Duration: 22mins for 5000m

Level 7



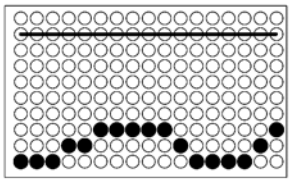
INCLINE
SPEED 14.7km/hr, Duration: 21mins for 5000m

Level 8



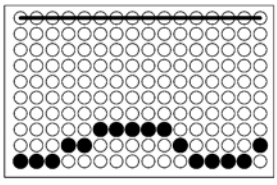
INCLINE
SPEED 16.2km/hr, Duration: 19mins for 5000m

Level 9



INCLINE
SPEED 17.7km/hr, Duration: 17mins for 5000m

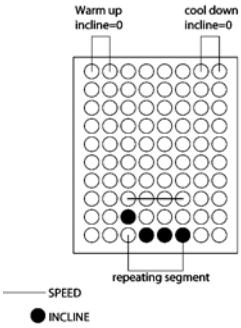
Level 10



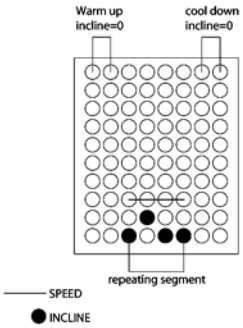
INCLINE
SPEED 19.2km/hr, Duration: 16mins for 5000m

Calories Goal PROGRAM

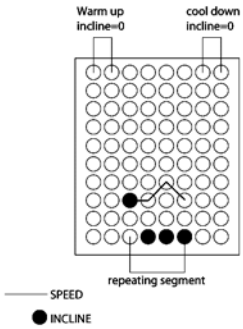
Level 1



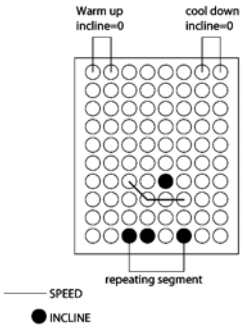
Level 2



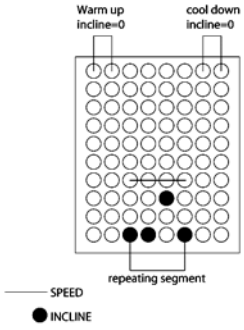
Level 3



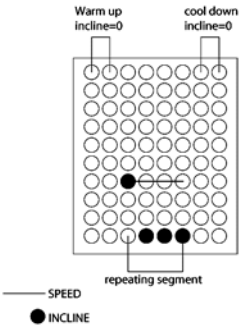
Level 4



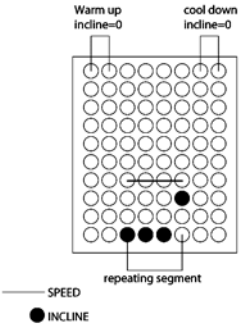
Level 5



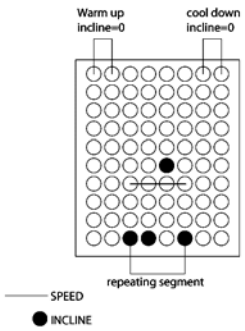
Level 6



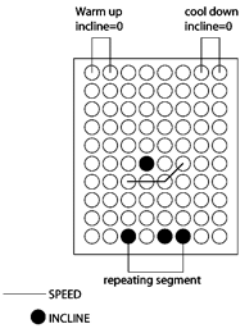
Level 7



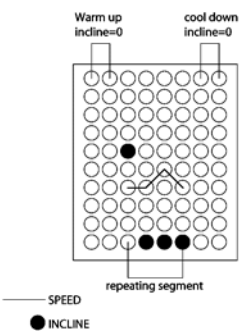
Level 8



Level 9



Level 10



Custom PROGRAM

CUSTOM 1

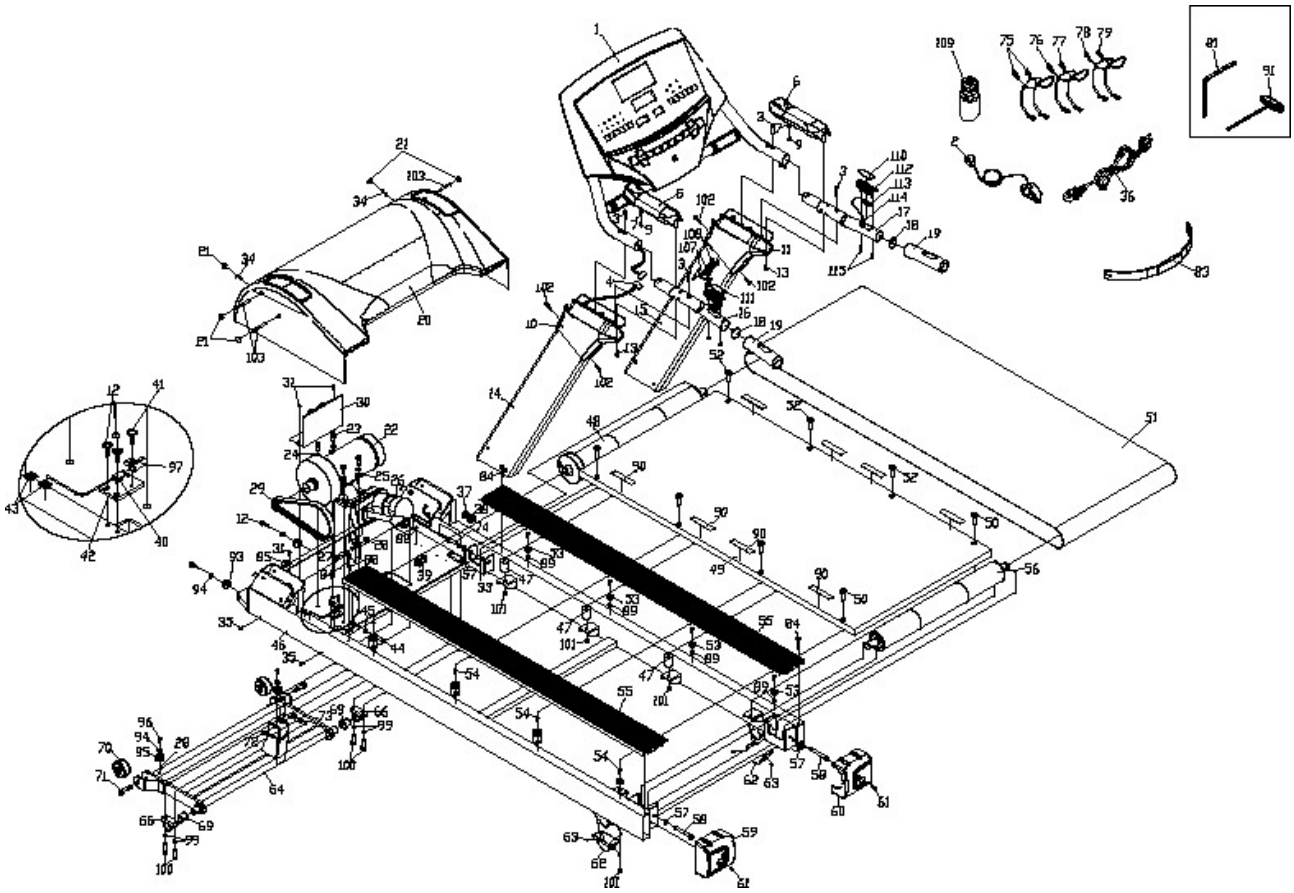
CUSTOM 2

Attached Table

Age	BPM			Age	BPM			Age	BPM			Age	BPM		
	H	Preset	L		H	Preset	L		H	Preset	L		H	Preset	L
13	197	124	124	39	172	109	109	65	147	93	93	91	123	90	77
14	196	124	124	40	171	108	108	66	146	92	92	92	122	90	77
15	195	123	123	41	170	107	107	67	145	92	92	93	121	90	76
16	194	122	122	42	169	107	107	68	144	91	91	94	120	90	76
17	193	122	122	43	168	106	106	69	143	91	91	95	119	90	75
18	192	121	121	44	167	106	106	70	143	90	90	96	118	90	74
19	191	121	121	45	166	105	105	71	142	90	89	97	117	90	74
20	190	120	120	46	165	104	104	72	141	90	89	98	116	90	73
21	189	119	119	47	164	104	104	73	140	90	88	99	115	90	73
22	188	119	119	48	163	103	103	74	139	90	88	100	114	90	72
23	187	118	118	49	162	103	103	75	138	90	87	101	113	90	71
24	186	118	118	50	162	102	102	76	137	90	86	102	112	90	71
25	185	117	117	51	161	101	101	77	136	90	86	103	111	90	70
26	184	116	116	52	160	101	101	78	135	90	85	104	110	90	70
27	183	116	116	53	159	100	100	79	134	90	85	105	109	90	69
28	182	115	115	54	158	100	100	80	133	90	84	106	108	90	68
29	181	115	115	55	157	99	99	81	132	90	83	107	107	90	68
30	181	114	114	56	156	98	98	82	131	90	83	108	106	90	67
31	180	113	113	57	155	98	98	83	130	90	82	109	105	90	67
32	179	113	113	58	154	97	97	84	129	90	82	110	105	90	66
33	178	112	112	59	153	97	97	85	128	90	81	111	104	90	65
34	177	112	112	60	152	96	96	86	127	90	80	112	103	90	65
35	176	111	111	61	151	95	95	87	126	90	80	113	102	90	64
36	175	110	110	62	150	95	95	88	125	90	79				
37	174	110	110	63	149	94	94	89	124	90	79				
38	173	109	109	64	148	94	94	90	124	90	78				

8. EXPLODED VIEW

CardioZone SuperSport™ Club



PARTS LIST – CardioZone SuperSport™ Club

Item	Description		Qty	Item	Description		Qty
1	Computer console		1	61	Bolt	M5xP0.8x15	2
2	Safety key/ Clip	P-1044	1	62	Rubber foot pad	P-1032	2
3	Bolt	K-299	4	63	Bolt	M6xP1.0x10	4
4	Control wire (bottom)		1	64	Lifter		1
5	Handrail upper cover (L)	P-1066L	1	65			
6	Handrail upper cover (R)	P-1066R	1	66	Lifter plate	T*1000	2
7	Handrail upper cover plate	NO.2405	2	67			
8				68			
9	Bolt	? x10	2	69	Plastic sleeve	P-1037	2
10	Handrail bottom cover (L)	P-1065L	1	70	Wheels	? 0x? 0x30t	2
11	Handrail bottom cover (R)	P-1065R	1	71	Bolt	M10xP1.5x60 (30mm)	2
12	Bolt	? x16	5	72	ㄇ shape steel pin	T*1001	2
13	Bolt	? x25	2	73	R pin	ψ10xψ2.0	2
14	Upright (L)		1	74	Bolt	M10xP1.5x100	1
15	Upright (R)		1	75	Extension (white)	14AWGx90x2T	2
16	Handrail (L)		1	76	Extension (black)	14AWGx90x2T	1
17	Handrail (R)		1	77	Extension (white)	14AWGx650x2T	1
18	Cap	? -1/2"x1.5t	2	78	Extension (black)	14AWGx630x2T	1
19	PVC sponge	FM-005	2	79	Extension (green)	14AWGx120x1T1R	1
20	Upper cover	P-1045	1	80			
21	Plastic cover	P-1064	6	81	Allen wrench	5mm (80mmx80mm)	1
22	Motor set		1	82			
23	Bolt	M10xP1.5x25	4	83	Chest strap transmitter	POLAR T41	1
24	Spring washer	M10	4	84	Bolt	? x38	4
25	Washer	? 0x? 0x3.0t	4	85	Wire button	UC-2	1
26	Incline motor		1	86			
27	Bolt	M10xP1.5x40	1	87			
28	Nut	M10xP1.5	3	88	Bolt (brass)	M5xP0.8x8	2
29	Belt		1	89	Washer	? x? 3x1.0t	8
30	Controller		1	90	Rubber pad	20x120x1.5t	8
31	Bolt	M5xP0.8x12	3	91	T shape wrench	8mmx200mm	1
32				92			
33	Bolt	M10xP1.5	1	93	Rubber pad	P-1155A	3
34	Bolt	M8xP1.25x40	2	94	Washer	? x? 6x1.0t	5
35	Bolt	M5xP0.8x15	4	95	Foot pad	P-1155	2
36	Power cord		1	96	Bolt	? x15	2
37	Power socket		1	97	Sensor plate	P-1152	1
38	Power switch		1	98			
39	Circuit breaker		1	99	Spring washer	M8	4
40	Sensor (round)		1	100	Bolt	M8xP1.25x25	4
41	Bolt	M4xP0.7x15	1	101	Nut	M8xP1.25	8
42	Sensor plate	NO.2399	1	102	Bolt	M5xP0.8x12	4
43	KSS wire plate	HC-101S	2	103	Bolt	K-298A	4
44	Bolt	M8xP1.25x75	1	104			
45	Bolt	M8xP1.25	1	105			
46	Frame		1	106			
47	Cushion	P-1301	6	107	Bolt	M5xP0.8x15	2
48	Front roller	RL-005	1	108	Bottle holder		1
49	Walking board	MB-006	1	109	Water holder		1
50	Bolt	M8xP1.25x40	2	110	Handrail control sticker (speed)		1
51	Walking belt		1	111	Handrail control sticker (angles)		1
52	Bolt	M8xP1.25x35	8	112	Handrail switch plastic		2
53	Plastic	P-1034	8	113	Handrail switch + wire		2
54	Bolt	M4xP0.7x10	8	114	Bolt	ψ3x8	2
55	Aluminum deck	AL-001	2	115	Bolt	ψ3x20	4
56	Rear roller	RL-005A	1	116			
57	Washer	ψ10xψ20x2.0t	3	117			
58	Bolt	M10xP1.5x110	2	118			
59	Rear adjust box (L)	P-1096L	1	119			
60	Rear adjust box (R)	P-1096R	1	120			

9. TROUBLESHOOTING

ERROR MESSAGE	PROBABLE CAUSES	SOLUTION
E1		
- Loss of Feedback	Speed Sensor disconnected	Check Speed Sensor Connection
- Running Deck	Running Deck not lubricated Speed Sensor misaligned	Check R-Deck oil Check Sensor position
	Speed Sensor Faulty	Replace S-Sensor
	Loose Display Cable	Check Display Cable connection
	Faulty MCB (D2 LED on)	Replace MCB
	Drive Motor disconnected	Check D-Motor connection
	Drive Motor Faulty	Replace D-Motor
E4		
- Body Fat Data Incomplete	Heart Rate not detected	Hold Heart Rate Grip Properly
- Loss of Data	Faulty Receiver in Display	Replace Heart Rate Receiver
	Faulty Control Board in Display	Replace Heart Rate Control Board

ERROR MESSAGE	PROBABLE CAUSES	SOLUTION
E6		
- Safety Key Off	Safety Key Faulty	Check Safety Key or Switch
- Elevation Motor	Elevation Motor not moving	Check Elevation Motor connection
- Stalled Elevation	Elevation Motor screw binding	Clean screw and lubricate
	Elevation Motor out of Range	Check Zero Position of E-Motor
	E-Motor Potentiometer	Replace Elevation Motor
E7		
- Elevation Motor	Elevation Motor out of Range	Replace Elevation Motor
Display Doesn't Lit Up	On/Off switch	Check if unit is turned on
	Insufficient Power Source	Plug unit in a dedicated 120V, 20Amp Outlet
	Line Cord Damaged	Replace Line Cord
	Fuse	Check Fuse on MCB

10. WARRANTY

USA Warranty

Warranties may vary in other countries.

Please register your warranty at http://www.fitnessblowout.com/warranty

SUPER GYM'S FITNESSBLOWOUT.COM extends the following exclusive, limited warranty of CARDIOZONE, which shall apply only to the use of the device in the home, for residential, non-commercial purposes only unless otherwise stated in writing. Any other use of the device shall void this warranty.

FRAME – LifeTime

Super Gym's FitnessBlowout.com warrants the Frame against defects in workmanship and materials for Lifetime, so long as it remains in the possession of the original owner.

DRIVE MOTOR – LifeTime

Super Gym's FitnessBlowout.com warrants the Drive Motor against defects in workmanship and materials for Lifetime from the date of original purchase, so long as the device remains in the possession of the original owner.

ELECTRONICS & PARTS – 2 Years

Super Gym's FitnessBlowout.com warrants the Electronic components and all original parts (other than the Motor) against defects in workmanship and materials for a period of two years from the date of original purchase, so long as the device remains in the possession of the original owner.

LABOR – 1 Year

Super Gym's FitnessBlowout.com shall cover the labor cost for the repair of the device for a period of one year from the date of original purchase, so long as the device remains in the possession of the original owner.

EXCLUSIVE REMEDY

The exclusive remedy for any of the above warranties shall be repair or replacement of defective parts, or the supply of labor to cure any defect, provided that labor shall be limited to one year. All labor shall be supplied by the local retailer and the product must be located within the retailer's service area. Products located outside the retailer's service area will not be covered by the labor warranty.

EXCLUSIONS AND LIMITATIONS

This warranty applies only to the original owner and is not transferable. This warranty is expressly limited to the repair or replacement of a defective Frame, Electronic component, or defective part and is the sole remedy of the warranty. The warranty does not cover normal wear

SUPER GYM'S FITNESSBLOWOUT.COM expressly disclaims all other warranties, express or implied, including but not limited to all warranties of fitness for a particular purpose or of merchantability. This warranty gives you specific legal rights and your rights may vary from state to state.

WARRANTY REGISTRATION

Register your warranty online at http://www.fitnessblowout.com